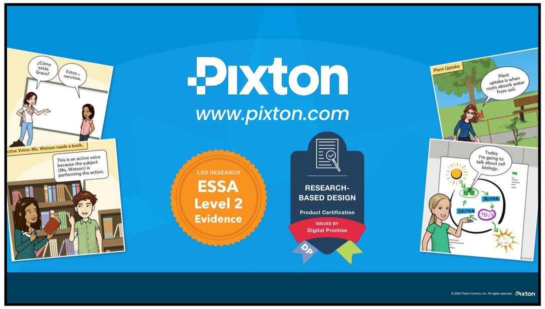
Pixton

Pixton PowerUps

Best Practices for Social-Emotional Learning

Michele

Teacher / Instructional Coach



Pixton

www.pixton.com

LXD RESEARCH
ESSA
Level 2
Evidence

RESEARCH-BASED DESIGN
Product Certification
ISSUED BY
Digital Promise

¿Cómo estás Grace?
Estoy... nerviosa.
ctive Voice: Ms. Watson reads a book.
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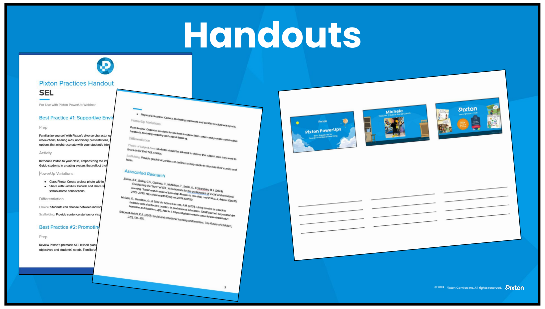
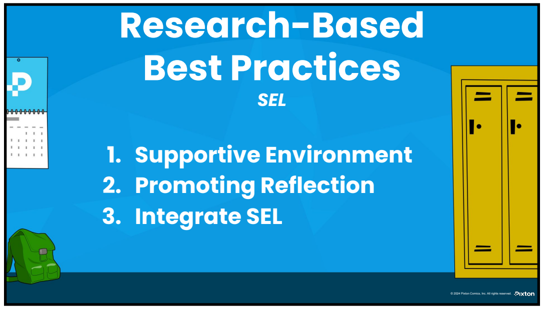
Plant Uptake
Plant uptake is when roots absorb water from soil.
Today I'm going to talk about cell biology.
DP



Handouts

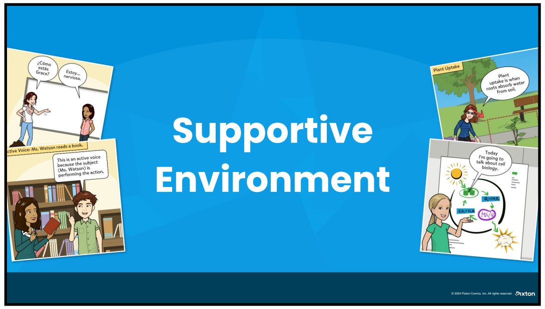
Pixton Practices Handout
SEL
Best Practice #1: Supportive Envi
Associated Research
Pixton PowerUps
Michele



Research-Based Best Practices

SEL

1. Supportive Environment
2. Promoting Reflection
3. Integrate SEL



Supportive Environment

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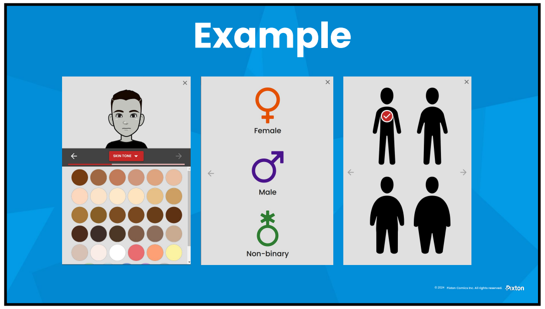
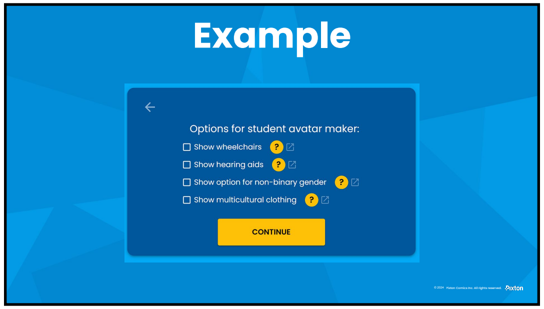


Example

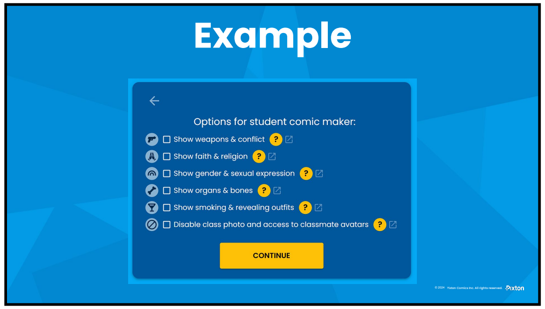
SKIN TONE
Female
Male
Non-binary



Example

Options for student avatar maker:

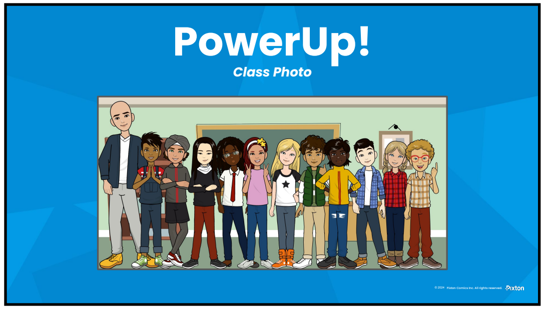
- ☐ Show wheelchairs ?
- ☐ Show hearing aids ?
- ☐ Show option for non-binary gender ?
- ☐ Show multicultural clothing ?



Example

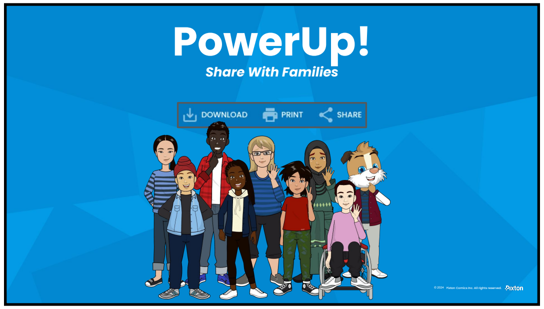
Options for student comic maker:

- ☐ Show weapons & conflict ?
- ☐ Show faith & religion ?
- ☐ Show gender & sexual expression ?
- ☐ Show organs & bones ?
- ☐ Show smoking & revealing outfits ?
- ☐ Disable class photo and access to classmate avatars ?



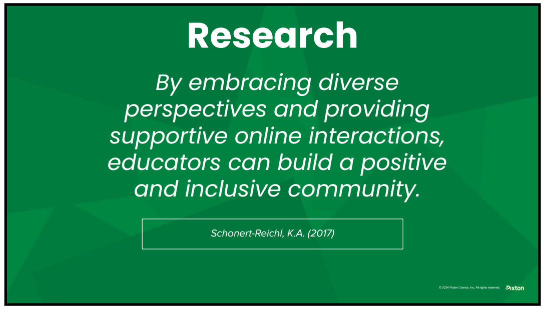
PowerUp!

Class Photo



PowerUp!

Share With Families



Research

By embracing diverse perspectives and providing supportive online interactions, educators can build a positive and inclusive community.

Schonert-Reichl, K.A. (2017)

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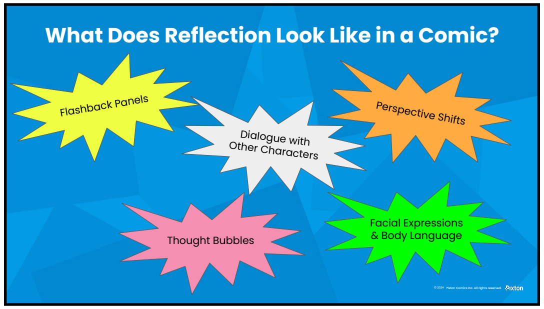
CO₂+H₂O
O₂+CH₂O

Promoting Reflection



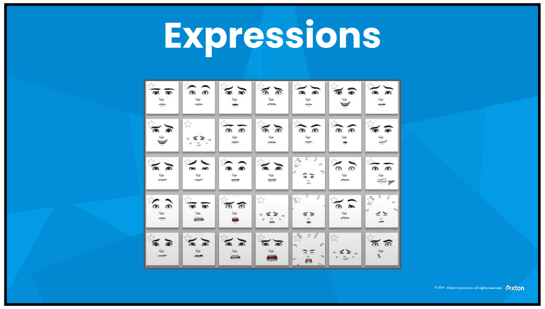
What Does Reflection Look Like in a Comic?

- Flashback Panels
- Dialogue with Other Characters
- Perspective Shifts
- Thought Bubbles
- Facial Expressions & Body Language

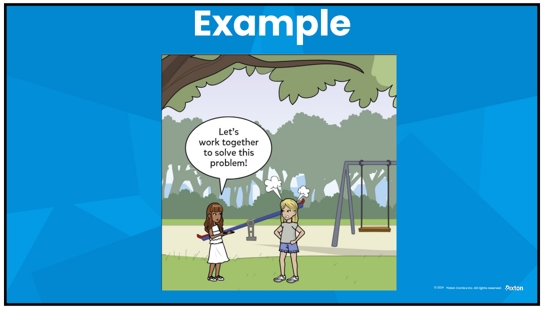
PowerUp!

Journaling

Bad hair day!

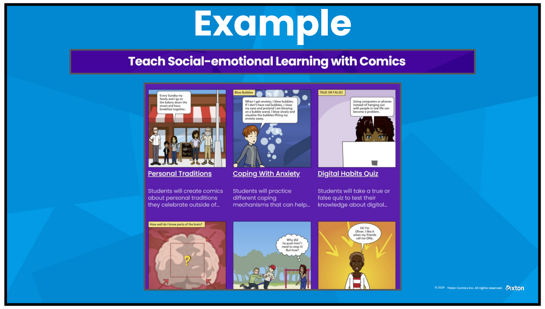


Expressions



Example

Let's work together to solve this problem!



Example

Teach Social-emotional Learning with Comics

Every Sunday my family and I go to the bakery down the street and have breakfast together.

Personal Traditions

Students will create comics about personal traditions they celebrate outside of...

Blow Bubbles
When I get anxiety, I blow bubbles. If I don't have real bubbles, I close my eyes and pretend I am blowing on a bubble wand. I blow slowly and visualize the bubbles lifting my anxiety away.

Coping With Anxiety

Students will practice different coping mechanisms that can help...

TRUE OR FALSE!
Using computers or phones instead of hanging out with people in real life can become a problem.

Digital Habits Quiz

Students will take a true or false quiz to test their knowledge about digital...

How well do I know parts of the brain?
?
Why did he push him? I need to stop it! But how?
Hi! I'm Oliver. I like it when my friends call me Ollie.

Research

Integrating reflection into instruction enhances students' self-awareness, promotes emotional regulation, and supports deeper learning.

McGarr, O., Gavaldon, G., and Sáez de Adana Herrero, F.M. (2021)

Integrating SEL

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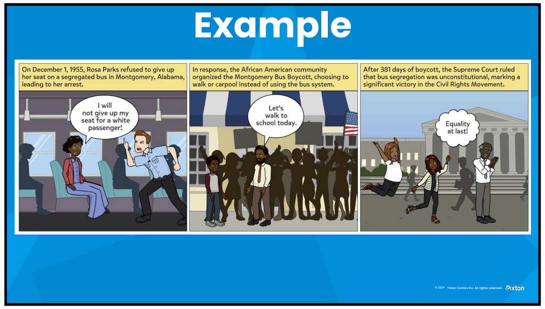


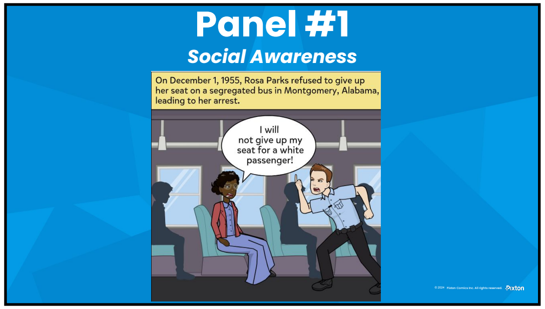
Example

On December 1, 1955, Rosa Parks refused to give up her seat on a segregated bus in Montgomery, Alabama, leading to her arrest.

In response, the African American community organized the Montgomery Bus Boycott, choosing to walk or carpool instead of using the bus system.

After 381 days of boycott, the Supreme Court ruled that bus segregation was unconstitutional, marking a significant victory in the Civil Rights Movement.

I will not give up my seat for a white passenger!
Let's walk to school today.
Equality at last!

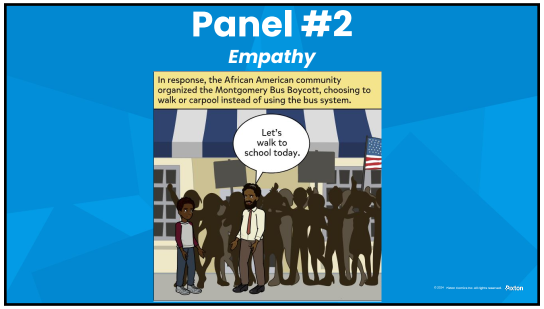


Panel #1

Social Awareness

On December 1, 1955, Rosa Parks refused to give up her seat on a segregated bus in Montgomery, Alabama, leading to her arrest.

I will not give up my seat for a white passenger!

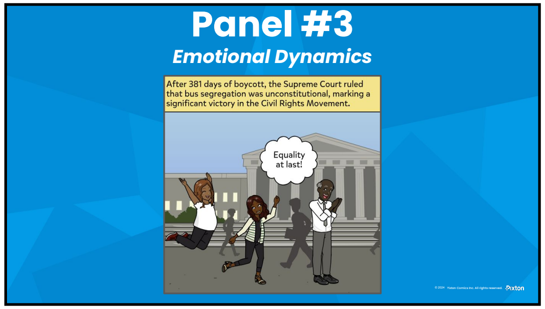


Panel #2

Empathy

In response, the African American community organized the Montgomery Bus Boycott, choosing to walk or carpool instead of using the bus system.

Let's walk to school today.

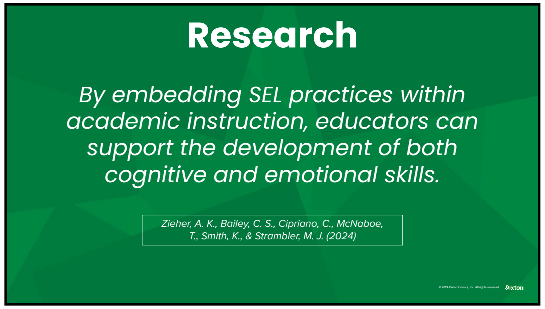


Panel #3

Emotional Dynamics

After 381 days of boycott, the Supreme Court ruled that bus segregation was unconstitutional, marking a significant victory in the Civil Rights Movement.

Equality at last!



Research

By embedding SEL practices within academic instruction, educators can support the development of both cognitive and emotional skills.

Zieher, A. K., Bailey, C. S., Cipriano, C., McNaboe, T., Smith, K., & Strambler, M. J. (2024)

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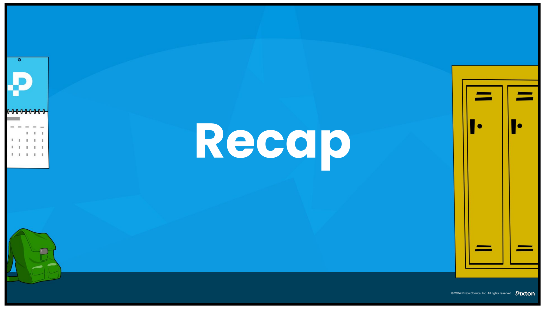
Peer Review



Recap

Thank You!